



Jack Castignola touched the lives of many people. Obviously, he was known for helping athletes through the "ups and downs" of athletic competition, but he was known as well for the counseling and assisting many students from his counseling office. In school or out in the community, he was always willing to help people with any problems that they had.

Jack Castignola was a great coach. His teams won 235 games, the second greatest number of victories by any coach in the state of Michigan. Given more time, "second" would have been eliminated. That was his style. He always looked for the "best" in people, but at the same time he demanded excellence. Hard work and discipline were a must. He will always be remembered for saying (and believing), "A winner never quits and a quitter never wins."

Besides being a great coach, Jack Castignola was a great friend. He is a once-in-a-lifetime kind of person, and such a man will never be replaced. Thank you, "Coach Jack" for everything you have done and meant to Trenton High School. All the people whose lives you have touched will never forget you.

